



LIGHT & ENERGY WELLNESS SYMPOSIUM
THE DA VINCI CENTRE
195 BAY STREET, VICTORIA BC V9A 3K4
SATURDAY, MARCH 23, 2024, 10 AM – 5PM

www.LightandEnergy.ca

A multi-level experience of growth and learning.

The Light and Energy Team presents a transformative Wellness Symposium, an event that features Traditional & Holistic Treatments, Workshops, Products, and Local Vendors. Admission is \$10, and 20% of all proceeds will be donated to *Our Place Society – Hope and Belonging*.

Discover the ultimate self-care experience at our Wellness Symposium. Our event is designed to provide a comprehensive range of activities and resources that will show you alternative methods to promote your personal sense of well-being. Explore diverse workshops and treatments, such as Reiki, Massage Treatments, Resonance Breathwork, Qi Gong, Psychic Readings, First Nation's Medicine, Intuitive Feng Shui Consultations, Holistic Nutrition Consultations, and more! Workshops are complimentary with the purchase of an admission ticket.

"We believe in the power of your intuitive ability to guide you towards growth and change and being in alignment with your True Self IS personal well-being." says Dianna Maycock, Light & Energy Team Member. "There are many paths to achieve optimum well-being and it's our passion to explore and present diverse ways of learning and growing."

"I am very excited about our latest offerings" states Donna Martin, founder. "I started these Symposiums to introduce holistic wellness to those who had never experienced these modalities before. The Light & Energy Team also believes in giving back and a portion of each of our events is donated to a selected charity."

The Light & Energy Symposium is devoted to providing holistic and traditional health solutions, amazing products by local vendors and workshops that could guide you toward maintaining balance in physical, emotional, and spiritual well-being. For more information on the Light and Energy Symposium, please visit our website at www.lightandenergy.ca

Contact Information:

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Dianna Maycock, Marketing Manager - 778-962-0006



Donna Martin

Dianna Maycock

Tickets: \$10 available at the door and for advance purchase on our website www.lightandenergy.ca